

REAL LIFE

GROUPS



Curriculum Catalog

Table of Contents

Last updated: 08.24.2018

Sermon Series:

Life Hacks: Wisdom from Proverbs - September 9-30 (4 week series)

Myth Busters: What Church is supposed to be like - October 7-28 (4 week series)

Generosity Reset: Investing in the Future - November 4-18 (3 week series)

Distractions: What Keeps us from Focusing on Jesus - December 2-23 (4 week series)

Books of the Bible:

Old Testament

Judges: The Book of Judges
1 & 2 Chronicles: Live the Life God Intended
Job: God Is In Charge
Psalms: Managing Our Emotions
Song of Songs: Mingling of Souls
Daniel: Faith in All Circumstances
Jonah: The Book of Jonah

New Testament

Galatians: The Book of Galatians
Ephesians: You Are God's Masterpiece
Colossians: Against the Tide
Titus: The Book of Titus
James: The Book of James
1 Peter: Walk the Talk
1-3 John: The Epistles of John

Topical:

Evangelism: Share
Life Group Introduction: Launch
Marriage: Love & Respect



REAL LIFE

GROUPS



Curriculum Overview

Judges – J.D. Greear
08.07.2018

Name of Resource: Judges

Topic: Book of the Bible

Author: J.D. Greear

Publisher/Provider: RNM

Length of Study: 11 weeks

Target Audience: Everyone

Media Style: Book Workbook Video 10 mins Avg video length

How to Obtain: RNM

Cost: Free Participant Booklet/Cost Leader Booklet

Description: The book of Judges cracks a window into depths of the human soul. Watch a nation struggle with its identity and relationship to its God. Heroes and heroines arise who seem to have the potential to save Israel. But in the end, each proves to be a broken savior that cannot deliver. In this series, pastor and author J.D. Greear wades into the book of Judges to shine a light onto the muddy waters of human rebellion. The stories and truths within are not just archaic tales with no relevance for us today. Rather, J.D. works through each chapter unpacking the truth of God's grace in the midst of human wickedness and shows how only the divine can redeem the fallen.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use: Borrow Leader Booklet

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

1 & 2 Chronicles: Live the Life God Intended
08.07.2018

Name of Resource: 1 & 2 Chronicles: Live the Life God Intended

Topic: Books of the Bible

Author: Matt Woodley

Publisher/Provider: Christianity Today

Length of Study: 6 Weeks

Target Audience: Adult Life Groups

Media Style: Download Book Workbook Video

How to Obtain: RLM - Community Pastor

Cost: Free

Description: Four hundred years before Jesus was born, a group of Jewish people who had returned from a 70-year exile was trying to resettle and rediscover their spiritual identity. They were a minority under the shadow of the world-shaping Persian Empire. They felt small, insignificant, and forgotten. They also felt a nagging sense that God was still punishing them for their past sins. They were experiencing a communal identity crisis that forced them to ask questions like: Who are we? Should we just blend into the surrounding culture? Can we really make a difference? Can—should—our children live different lives than our neighbors? Does our faith even matter at all?

Head/Heart/Hands:

- Head - Very Good
- Heart - Very Good
- Hands - Good

Suggestions for how to use: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

Contact Point: Joe Troxell



REAL LIFE

GROUPS



Curriculum Overview

Job: God is in Charge
08.07.2018

Name of Resource: Job: God is in Charge

Topic: Book of the Bible

Author: Jennifer Brown

Publisher/Provider: Christianity Today

Length of Study: 9 Weeks

Target Audience: Adult Life Groups

Media Style: Download Book Workbook Video

How to Obtain: RLM – Community Pastor

Cost: Free

Description: Job is not only the direct word of God but also a great literary masterpiece. Poet Alfred Tennyson called Job, "the greatest poem of ancient or modern times." British author Thomas Carlyle viewed it as, "... one of the grandest things ever written with a pen ... such free flowing outlines, grand in its sincerity, in its implicity, in its epic melody, and response of reconciliation." This nine-session course will help you understand the masterpiece that is the book of Job—its themes, characters, and meaning for Christians today.

Head/Heart/Hands:

- Head - Very Good
- Heart - Very Good
- Hands - Good

Suggestions for how to use: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

Contact Point: Joe Troxell



REAL LIFE

GROUPS



Curriculum Overview

Psalms: Managing Our Emotions
08.07.2018

Name of Resource: Psalms: Managing Our Emotions

Topic: Book of the Bible

Author: Timothy Peck

Publisher/Provider: Christianity Today

Length of Study: 12 Weeks

Target Audience: Adult Life Groups

Media Style: Download Book Workbook Video

How to Obtain: RLM – Community Pastor

Cost: Free

Description: Emotions are both complicated and complex, both mysterious and mystifying. Even the experts are not sure what causes us to experience emotions. Both social science and neurobiology have tried, to no avail, to explain the origin of emotions. And for Christians, emotions can be troubling, frustrating, and untrustworthy. Some emotions seem deeply spiritual; other emotions seem downright sinful. God created us to experience emotions, yet there are still godly and ungodly ways to manage them. This 12-session course on the Book of Psalms will help you sort this out.

Head/Heart/Hands:

- Head - Very Good
- Heart - Very Good
- Hands - Good

Suggestions for how to use: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

Contact Point: Joe Troxell



REAL LIFE

GROUPS



Curriculum Overview

Song of Songs – Matt Chandler

08.07.2018

Name of Resource: Mingling of Souls

Topic: Marriage and the Book of the Bible *Song of Songs*, or *Song of Solomon*

Author: Matt Chandler

Publisher/Provider: RNM

Length of Study: 12 Weeks

Target Audience: Couples

Media Style: Book Workbook Video 45 mins Avg video length

How to Obtain: RLM/RNM

Cost: Free (to borrow) / Workbook Cost (if you want your own)

Description: Matt Chandler and The Hub have partnered together to write, film, and produce a brand new, updated curriculum of *The Mingling of Souls*—a study of love, dating, marriage, intimacy, and redemption based on *Song of Solomon*! All new from the ground up, your group will be able to enjoy this new video series and study guide in conjunction with Matt Chandler's new book *The Mingling of Souls: God's Design for Love, Marriage, Sex & Redemption*. In a culture where the foundations of attraction, love, marriage, and sex are rapidly eroding, Matt Chandler offers an eternal, counter-intuitive perspective from the biblical book *Song of Solomon*. Scripture says we're to nurture our hearts above all else—yet we are inundated with songs, movies, and advice that contradict and cheapen God's design for love and intimacy.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use: Borrow workbook, not needed to purchase.

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

Daniel: Faith in All Circumstances
08.07.2018

Name of Resource: Daniel: Faith in All Circumstances

Topic: Book of the Bible

Author: Bryan Chapell

Publisher/Provider: Christianity Today

Length of Study: 6 Weeks

Target Audience: Adult Life Groups

Media Style: Download Book Workbook Video

How to Obtain: RLM – Community Pastor

Cost: Free

Description: While we most often remember Daniel as the one in the lions' den, there was a lot more to his life. Throughout the first six chapters of Daniel, we learn about how to remain faithful in all circumstances. He ran into several trying situations that may have caused him to lose faith or bend from his beliefs, but Daniel stayed strong.

Head/Heart/Hands:

- Head - Very Good
- Heart - Very Good
- Hands - Good

Suggestions for how to use: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

Contact Point: Joe Troxell



REAL LIFE

GROUPS



Curriculum Overview

Jonah – Eric Mason
08.07.2018

Name of Resource: Jonah

Topic: Book of the Bible

Author: Eric Mason

Publisher/Provider: RNM

Length of Study: 8 Weeks

Target Audience: Everyone

Media Style: Book Workbook Video 10 mins Avg video length

How to Obtain: RNM

Cost: Free Participant Booklet/Cost Leader Booklet

Description: At the end of the day, God is less concerned with what we do for Him than who we are in Him. Few figures illustrate that truth better than Jonah. Focused on the prophet rather than his prophecy, the story of Jonah gives us a picture of a man on the run due to his own selfish desires. Instead of showing mercy to his enemies, he determined to keep God's grace to himself rather than share it with those he considered undeserving. Can you relate? Over the course of 8 verse-by-verse sessions, pastor and author Eric Mason expands our vision to see that Jonah's story is our own. Far more than a thrilling Sunday school adventure, it offers a profound glimpse into the conflict that occurs when God calls resistant believers to His mission. More importantly, it underscores the depths of His compassion not only in redeeming the lost, but redeeming those He has called to participate in His reconciling work.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use: Borrow Leader Booklet

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

Galatians - Kyle Idleman
08.07.2018

Name of Resource: Galatians

Topic: Book of the Bible

Author: Kyle Idleman

Publisher/Provider: RNM

Length of Study: 6 Weeks

Target Audience: Everyone

Media Style: X Book ___ Workbook X Video 10 mins Avg video length

How to Obtain: RNM

Cost: Free Participant Booklet/Cost Leader Booklet

Description: If someone asked you to explain the gospel, what would you say? What is the good news of the Christian faith? Writing to the Galatians, Paul made it clear how easily we can be tempted to turn toward fraudulent gospels, especially those that teach we can earn God's love through our works. Though they may have the appearance of truth, they are lifeless and leave us empty in the end. In this Book of the Bible series, Kyle Idleman dives into the book of Galatians, one that contains some of the clearest explanations of the gospel in the New Testament. Through biblical study and engaging lessons, Kyle shows that true freedom is found in surrender, not self-dependence. Because our gospel is not one based on our works, but faith in the finished work of Jesus Christ.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use: Borrow Leader Booklet

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

Ephesians: You Are God's Masterpiece
08.07.2018

Name of Resource: Ephesians: You Are God's Masterpiece

Topic: Book of the Bible

Author: Steve May

Publisher/Provider: Christianity Today

Length of Study: 6-7 Weeks

Target Audience: Adult Groups

Media Style: Download Book Workbook Video

How to Obtain: RLM – Community Pastor

Cost: Free

Description: The greatest adventure in life is discovering the purpose for our lives. This letter answers the question men and women have asked throughout all time: “Why am I here?” It has to do with eternity, making peace with God, and identifying with Christ.

Head/Heart/Hands:

- Head - Very Good
- Heart - Very Good
- Hands - Good

Suggestions for how to use: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

Contact Point: Joe Troxell



REAL LIFE

GROUPS



Curriculum Overview

Colossians: Against the Tide
08.07.2018

Name of Resource: Colossians: Against the Tide

Topic: Book of the Bible

Author: Steve May

Publisher/Provider: Christianity Today

Length of Study: 9-10 Weeks

Target Audience: Adult Life Groups

Media Style: Download Book Workbook Video

How to Obtain: RLM – Community Pastor

Cost: Free

Description: Some people have been surprised to discover something new about a friend they thought they knew well. That's one of the exciting things about a relationship with Christ: there's no limit to the things we can learn about Him. Studying Colossians is one way we can learn more about Christ and discover how to honor Him.

Head/Heart/Hands:

- Head - Very Good
- Heart - Very Good
- Hands - Very Good

Suggestions for how to use: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

Contact Point: Joe Troxell



REAL LIFE

GROUPS



Curriculum Overview

Titus - Chip Ingram
08.07.2018

Name of Resource: Titus

Topic: Book of the Bible

Author: Chip Ingram

Publisher/Provider: RNM

Length of Study: 7 Weeks

Target Audience: Everyone

Media Style: X Book ___ Workbook X Video 10 mins Avg video length

How to Obtain: RNM

Cost: Free Participant Booklet/Cost Leader Booklet

Description: In this Book of the Bible series, Chip Ingram unpacks the book of Titus. He challenges us to display the gospel in our lives through doing good. We do good works not to earn God's favor, but as a result of God's favor. When the gospel has truly taken root in our lives, it produces the fruit of godliness. As we pass these things on to future generations, the Church stands in bright contrast to the darkness of the world.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use: Borrow Leader Booklet

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

James – Francis Chan

08.07.2018

Name of Resource: James

Topic: Book of the Bible

Author: Francis Chan

Publisher/Provider: RNM

Length of Study: 12 Weeks

Target Audience: Everyone

Media Style: X Book ___ Workbook X Video _9 mins_ Avg video length

How to Obtain: RNM

Cost: Free Participant Booklet/Cost Leader Booklet

Description: Francis Chan unpacks the dense truth contained in the book of James in front of the iconic backdrop of San Francisco, the city where he lives and ministers. Through 12 sessions, Francis works through James verse-by-verse, challenging followers of Christ to move beyond a private, intellectual knowledge of God and His Word, to a vibrant faith that impacts every square inch of life.

Head/Heart/Hands:

- Head - Very Good
- Heart - Good
- Hands - Good

Suggestions for how to use: Borrow Leader Booklet

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

1 Peter: Walk the Talk
08.07.2018

Name of Resource: 1 Peter: Walk the Talk

Topic: Book of the Bible

Author: Steve May

Publisher/Provider: Christianity Today

Length of Study: 7-8 Weeks

Target Audience: Adult Life Groups

Media Style: Download Book Workbook Video

How to Obtain: RLM – Community Pastor

Cost: Free

Description: Wouldn't it be great to be free of trouble? That's what we sometimes think. 1 Peter shows us that difficulties and hardships don't have to wear us down. In fact, this letter teaches us that God can use difficulties to strengthen us. Knowing this can bring hope and reassurance that eternal life is God's ultimate purpose.

Head/Heart/Hands:

- Head - Very Good
- Heart - Very Good
- Hands - Very Good

Suggestions for how to use: The Life Group Leader as well as all participants of the Life Group should have the Study Guide for their weekly devotion and group time.

Contact Point: Joe Troxell



REAL LIFE

GROUPS



Curriculum Overview

1, 2 & 3 John - Tony Evans

08.07.2018

Name of Resource: 1, 2 & 3 John

Topic: Books of the Bible

Author: Tony Evans

Publisher/Provider: RNM

Length of Study: 8 Weeks

Target Audience: Everyone

Media Style: Book Workbook Video 10mins Avg video length

How to Obtain: RNM

Cost: Free Participant Booklet/Cost Leader Booklet

Description: Comfortable Christianity often means a weak Christianity. In this study on John's three letters, Dr. Tony Evans challenges Christians who have grown comfortable and complacent in their faith. Fellowship with God is the essence of our faith, and Tony walks through 1, 2 & 3 John to paint a picture of love, obedience, and truth. In a world that hates Jesus, we are called to love Him and His people with a fierce love. Get the full study experience by downloading the resources from Right Now Media. The Leader's Guide contains over 60 pages of in-depth narrative teaching with direction for group discussion and helpful answers to biblical questions. It moves beyond knowledge to the real-life application of God's Word in either personal or group study. Also, if you're leading a group through this study, Tony has some words of guidance for you in this training post.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use: Borrow Leader Booklet. Simplify questions; do not feel you need to use all of them.

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

Share - Gospel
08.07.2018

Name of Resource: Share

Topic: Sharing the Gospel

Author: RLM

Publisher/Provider: RLM

Length of Study: 4 Weeks

Target Audience: Everyone

Media Style: Book Workbook Video 10 mins Avg video length

How to Obtain: RLM

Cost: Free

Description: We get to help equip our people to share Jesus with their world. This study is four weeks long, beginning with seeing the people in our world, building a relationship, meeting a need, and hearing their story and questions. Then we move to how to share our story—our testimony. Next we walk through how to share God's story—the gospel. There are many tools to do this; we focus on just one so we can practice it. We conclude the four weeks with looking at how to follow up and follow through.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use:

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

Launch - Life Group Intro
08.07.2018

Name of Resource: Launch

Topic: Life Group Intro

Author: RLM

Publisher/Provider: RLM

Length of Study: 4 Weeks

Target Audience: New Groups

Media Style: Book Workbook Video 10 mins Avg video length

How to Obtain: RLM

Cost: Free

Description: WELCOME TO LIFE GROUPS! This is a great environment for relationships to encourage one another to be disciples of Jesus and to make disciples. We live out our God-given purpose of being and making disciples of Jesus throughout all of our lives. Following Jesus and the relationships we have with one another are not intended to only be a once-a-week encounter in a home. This is where Jesus and real life meet together. We get to do that together in life! As we "launch" into this new season of Life Groups, we want to lay a solid foundation as we build a relational environment for us to do life together. Let's remind each other of why we do what we do, what we are doing, and how we do it.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use:

Contact Point: Derek Dalton



REAL LIFE

GROUPS



Curriculum Overview

Love & Respect - Emerson & Sarah Eggerichs
08.07.2018

Name of Resource: Love & Respect

Topic: Marriage

Author: Emerson and Sarah Eggerichs

Publisher/Provider: RNM

Length of Study: 10 Weeks

Target Audience: Couples

Media Style: Book Workbook Video 45 mins Avg video length

How to Obtain: RLM/RNM

Cost: Free

Description: Excited yet burdened about male and female relationships, Dr. Emerson Eggerichs and his wife Sarah launched the Love & Respect Conferences in 1999. Based on over three decades of counseling as well as scientific and biblical research, this conference has given hope and new life to thousands of marriages. This study is perfect for individuals, couples, or small groups but is greatly enhanced with the comprehensive workbook (see options on Right Now Media). It includes Fill-In-The-Blank in-session guides, Discussion Questions, Immediate Application, Mid-week devotionals, a Leader's Guide, and recommendations for doing alone, as a couple, or small group.

Head/Heart/Hands:

- Head - Good
- Heart - Good
- Hands - Good

Suggestions for how to use: Borrow workbook, not needed to purchase.

Contact Point: Evan Meske

