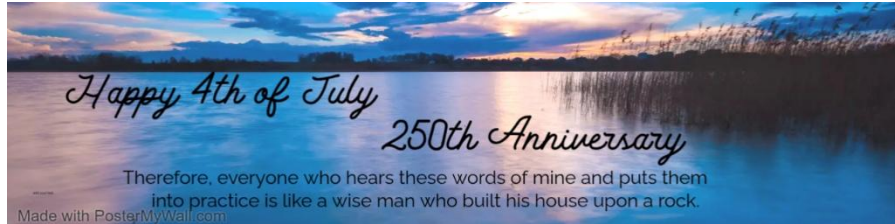


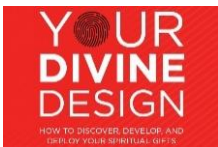


# REAL LIFE SENIORS

A MONTHLY CHURCH NEWSLETTER



July 2026

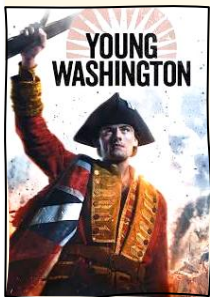


Join us each Friday this month at Senior Connect Post Falls as we continue a Bible Study by Pastor Chip Ingram learning about spiritual gifts. Do you know how God has uniquely wired you? Every believer was created to play a strategic role in the body of Christ with the gifts God has given them. But many of today's Christians face one difficult question: How do I discover my spiritual gifts and then use them effectively in my church? This series will unpack key passages from Romans, Ephesians, and 1 Corinthians to explore the role of spiritual gifts in the believer's life, while helping you to pinpoint your own. With Biblical insight and practical steps, you'll learn how to use your spiritual gifts so you can live a life of greater impact.

## Silver Mountain | Ride and Dine | Friday August 14<sup>th</sup>

### Rusty Jackson singing ...

Enjoy a scenic gondola ride, live music and a savory mountain top BBQ! Cost \$50 includes charter bus, lift tickets and meal. Tickets are available starting July 10<sup>th</sup> in the Lobby between services or at Senior Connect.



### Movie Morning / Young Washington

Wednesday July 15<sup>th</sup> 11am

\$4 Hayden Cinema

Before he was the Father of a Nation, he was a soldier fighting to survive. A single misstep thrusts young George Washington into the center of a global conflict, testing his honor, loyalty, and courage. As the frontier erupts into war, he must confront not only his enemies but the man he's becoming.

**RLM Seniors' Purpose Statement:** We are a ministry to seniors and through seniors with a heart of service and a commitment to finish well. Our purpose is to more intentionally live out the vision and mission of Real Life Ministries. We want to declare the power of God to the next generation(s) and to love, honor, accept and serve one another.

# What's Happening...

**Meet & Greet Luncheon** | Sunday July 26<sup>th</sup> 11:30am RLM 2

**Membership Class** Sunday July 12<sup>th</sup> 9:30 RLM 2 Auditorium, Childcare & breakfast provided

**Ladies' Night Out** | Friday July 10<sup>th</sup> 6:30pm RLM 1

**Men's Breakfast** | Saturday July 11<sup>th</sup> 8am RLM 1

**Grief Share** Sundays 9:45am RM 2 Rm 206

**Choir** Saturdays 2-4:30pm Room 301  
For more information call Sheri at 951-667-0532.

**Bible Journaling** Thursdays 11-1pm RLM 1 Rm 119, taking a break from August 6-27<sup>th</sup>, resuming September 3rd

**Adult Stretch & Fit** Summer break, resuming Sept 15th

**Knit, Pray & Crochet** Wednesdays 12-2pm Rm 112

**Men's Bible 101** Tuesdays 6:30am RLM 2

**Quilting** 2<sup>nd</sup> Saturday 1-5pm RLM Room 301 Call Lorie Weiss 509-280-1369 for more information.

**War Room Prayer** Tuesday 10am | Wednesday 5pm Rm 111

## Active Seniors

### Bike Ride

Thursday July 16<sup>th</sup>



We will ride from the Enaville Trailhead into Kellogg on the Trail of the Coeur d'Alenes. Enjoy the wonderful scenery as we ride along the Coeur d'Alene River. Afterward we will have lunch and fellowship at the historic Snake Pit. This ride will be a total of 16 miles. Directions: Located just off I-90 via Exit 43. Turn left and approximately 2 miles up the road will be the trailhead that also has a vault toilet. Be ready to ride by 9am. RSVP LaLea at 208-661-8856 if you will be joining us.

## Post Falls SENIOR CONNECT

Friday | Food & Fellowship 11:30

Bring a main dish, side dish or snacks/dessert to share!

RLM 2 Auditorium  
1860 N Cecil Road, Post Falls

*Your Divine Design* | Chip Ingram

This 8-week series unpacks key passages from Romans, Ephesians, and 1 Corinthians to explore the role of spiritual gifts in the believer's life.

Prayer requests or answer to prayers may be sent to Gaylene by text or call 208.659.3849 or email to: [gaylenescott@gmail.com](mailto:gaylenescott@gmail.com)

**4<sup>th</sup> of July Weekend  
No Senior Connect Friday July 3<sup>rd</sup>**

**August Break  
No Senior Connect in August.  
Senior Connect will resume  
Friday, September 11<sup>th</sup>**



**Age is not important  
Unless you are cheese!**

# Join us...



## Senior Connect | Church at Tullamore Park

**Sunday July 19<sup>th</sup> 10am Potluck Picnic**

Main Dish will be provided, please bring a dessert or side dish.

Tullamore Park | 3673 Bogie Dr., Post Falls South Shelter

*Message, Music and Communion*

*Note: There are picnic tables, but feel free to bring your own lawn chair.*

## Unite | August 2<sup>nd</sup> | 5-7:30pm RLM Post Falls

Inviting all RLM volunteers and their families from all 4 campuses, for all ministries! A night of worship, celebration, and vision as we look forward to our next ministry year.

## Kids' Camp

Thank you for your generosity, our goal was scholarships for 400 students and that was exceeded.



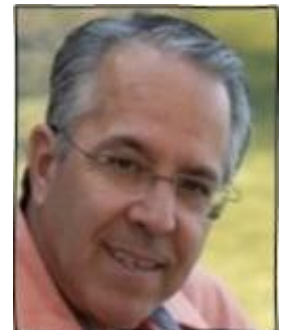
## Contacts for Seniors

Chris Belluomini | Seniors Ministry Lead

208.243.9499 [cbelluomini@reallifeministries.com](mailto:cbelluomini@reallifeministries.com)

Bobbi Putman | Seniors Coordinator

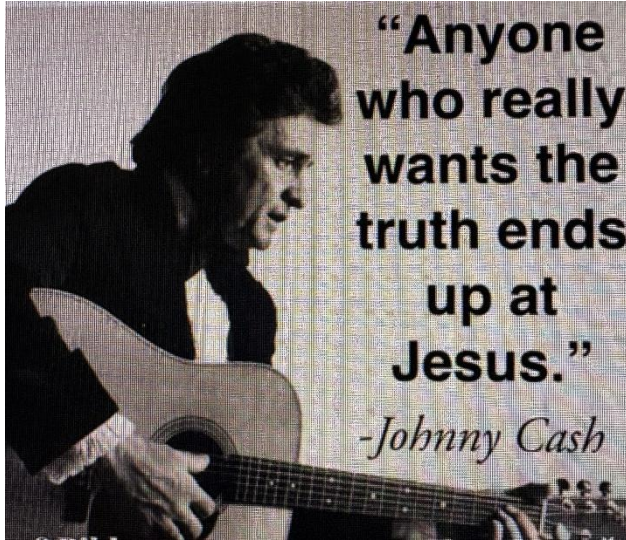
208.818.3285 [bobbi@reallifeministries.com](mailto:bobbi@reallifeministries.com)



# Laugh Out Loud



*A little boy was in a relative's wedding. As he came down the aisle, he would take two steps, stop, and turn to the crowd. While facing the crowd, he would put his hands up like claws and roar. So it went: Step, step, ROAR, step, step, ROAR, all the way down the aisle. As you can imagine, the crowd was near tears from laughing so hard by the time he reached the couple. The bride leaned over and asked what the boy was doing. He proudly replied, I'm the Ring Bear.*



**Hop on a courtesy Golf Cart to ride over to Senior Connect!**

## Seniors on the move...

