



**REAL LIFE**  
YOUTH

**YOUTH DEVELOPMENT PROCESS**

## **INTRODUCTION**

Are you interested in developing your faith and growing in your relationship with God and others?

Real Life Ministries offers a process for 7th-12th grade students to increase their ability to apply God's Word and discover how to own their faith.

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# OVERVIEW

**Vision:** To educate, equip, and empower students to reach the world for Jesus one person at a time.

**Mission:** To create a relational, intentional, and reproducible process of spiritual development.

## **Target Participants:**

- Middle school and high school age students (7th-12th grade)
- Students who participate in the Real Life Youth Groups at the Post Falls Campus
- Students who desire to be stretched and grown in their ability to be a disciple and make disciples.

## **Time Investment:**

- September- May (9 months)
- 4-6 hours per week (See page 4 for more details)

## **Cost:**

The cost of the Youth Development Process will be \$100 per semester (\$200 for the year). Due the first day of class.

*\*We NEVER want money to be a reason as to why a student is not able to take part in this process. If money is an issue, please talk with us to make a plan for payments or scholarships.*

What the payment covers:

- Weekly breakfast in class
- Books
- Journal
- Binder
- Retreats (Fall & Spring)
- Other training materials

# AREAS OF DEVELOPMENT

## GROW AS A DISCIPLE

### WHAT IS A DISCIPLE?

*And he said to them, "Follow me, and I will make you fishers of men."  
Matthew 4:19*



### HEAD

Committed to  
Following Jesus



### HEART

Committed to being  
Changed by Jesus



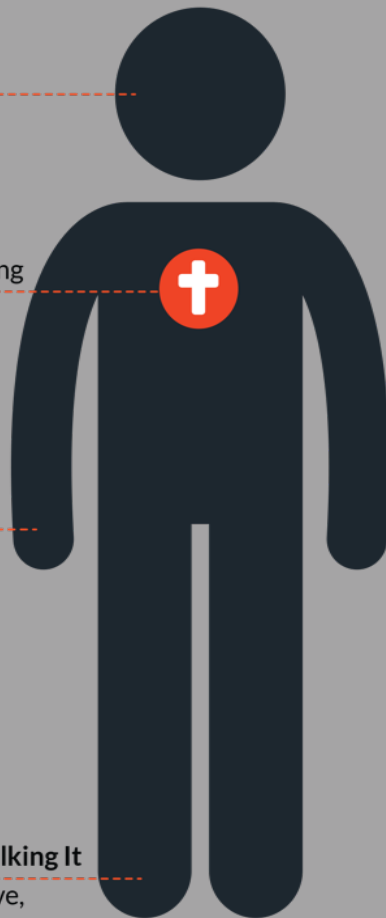
### HANDS

Committed to the  
Mission of Jesus



### FEET

Committed to **Walking It**  
**Out** where you Live,  
Work, and Play.



## SPIRITUAL ROOTS

You will deepen your relationship with God and grow your spiritual roots through discovering and developing a personal devotional time. You will get to know Him as you learn how to navigate and unpack His word and spend time connecting with Him in prayer.

## DISCOVER, UNDERSTAND, OWN

Through the process, we will be going through apologetics and doctrine to help you discover what you believe, understand why you believe it, and be able to take personal ownership of your faith.

## PASS IT ON

As you discover, understand, and own what you believe you will become equipped with the skills to pass it on to others. To be a disciple who makes disciples.

# OUR METHODOLOGY

## HEAD

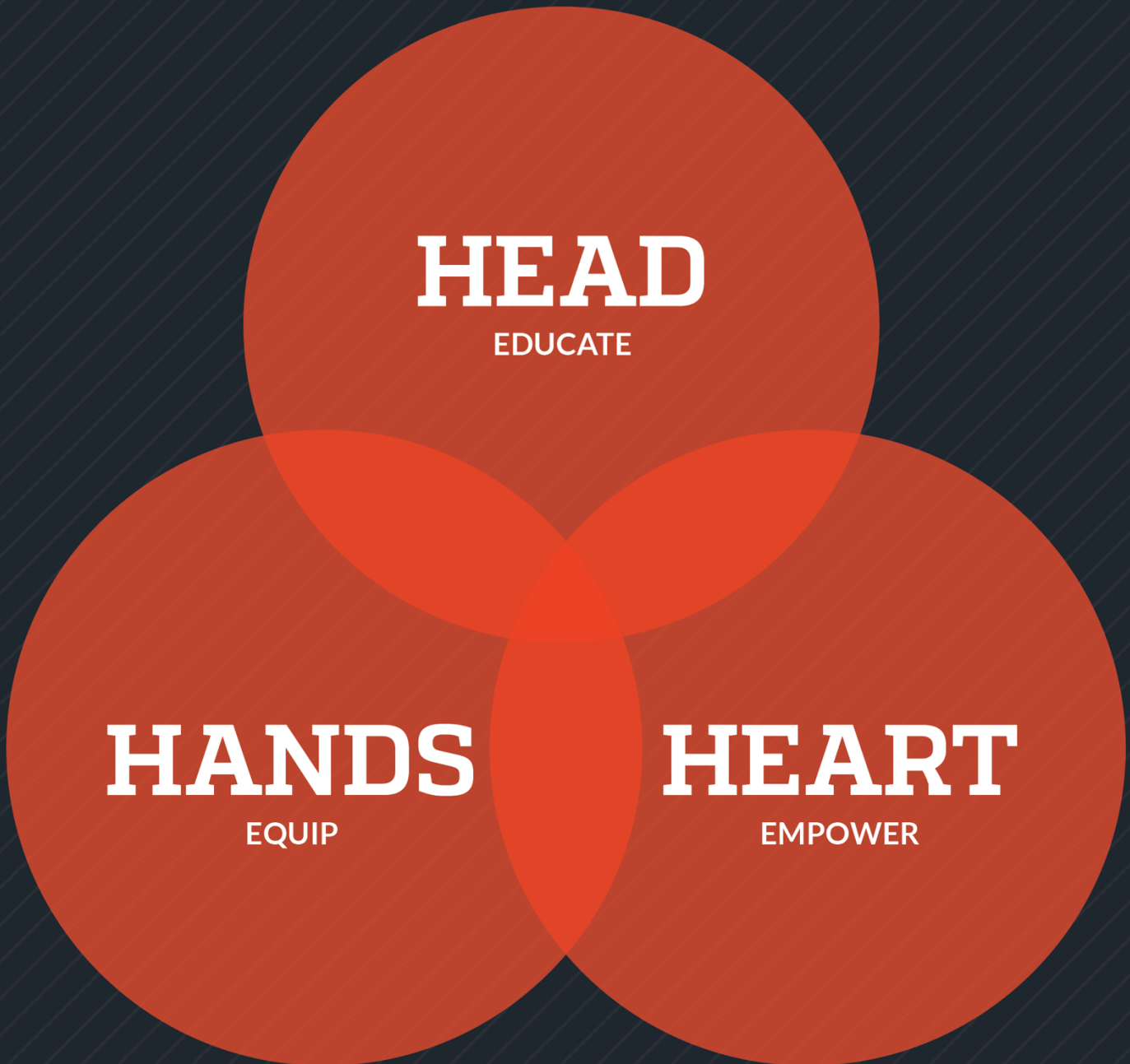
Educate the mind through discovering, understanding, and owning your faith

## HEART

Empower the heart through intentional time spent with God and others

## HANDS

Equip the servant to further build the Kingdom of God



# TIME COMMITMENT

The Youth Development Process is a 9-month program that runs during the school year. It is broken into 2 semesters which coincide with the school schedule (Fall Semester: Sept- Mid Jan, Spring Semester: Mid Jan-May).

*\*We recommend that students commit to a whole year, but we will give students the option to join or drop each semester.*

## YOUR ACTIVE WEEK

This is a **4-6 hour a week commitment** broken into 3 components (Head, Heart, and Hands). This is designed to be in addition to your weekend worship service attendance and your youth group and small group participation each week.



**Head:** You will spend time each week in class learning and discussing content designed to help deepen your relationship with the Lord and to help you Discover, Understand, Own, and Reproduce your faith.

- **Classroom 1.25 Hours**
  - Sundays | Room 301
  - MS 8 - 9:15 AM
  - HS 9:45- 11 AM

**Heart:** Students will have homework each week to spend time processing what they're learning.

- **Homework ~ 1 Hour**
- **Mentorship 1 Hour Every other week** (High School Only)
  - Each student will be paired up with a mentor who they will meet with every other week to intentionally dig into their personal relationship with God and what He is teaching them.

**Hands:** Each student will have the opportunity to grow and serve others by being a part of either our Set Up team or Tear Down team at youth group. This gives students time to grow relationally with other students. We also know that an important part of our Christian walk is serving others and Set Up/ Tear Down is a good step in starting this. Students are welcome to be involved in other areas of serving, but this is all that will be required for the YD Process.

- **Ministry Involvement ~2 hours**
  - Set Up/ Tear Down at youth group
  - Times differ depending on MS or HS youth group

## Additional Retreats:

- We will do a retreat in the Fall and in the Spring

# EXPECTATIONS

These are the expectations for students in the Youth Development Process:

## We expect you to be F.A.T.

- **Faithful:** Choosing to be faithful to God, others, and with our commitments
- **Available:** Choosing to be open to trying new things even if it's outside of our comfort zone
- **Teachable:** Choosing to be humble in recognizing that we can all grow and learn from other people (even broken and jacked up people).
  - **Being humble looks like:**
    - Youth Development is not a "Cool Kids Club."
    - This is an opportunity to serve our peers, and we will not boast in that.
    - We will model what Jesus modeled and humble ourselves as He humbled himself. (*Philippians 2:8*)
    - We will clothe ourselves in humility as Christ commands us to. (*1 Peter 5:5-7; Colossians 3:12*)

## We expect good communication

- Must let the class facilitator know if unable to attend Sunday morning class
- Must let your ministry lead know if unable to complete any serving commitments
- Must let your mentor know if unable to attend the bi-weekly mentor meeting (HS Specific)
- Must communicate to the class facilitator any frustrations, concerns, or questions if and when they arise
- Must have Google Classroom and be added to the YDP class
  - Communication, updates, and homework will be shared through Google Classroom.

# EXPECTATIONS



## Youth Development Process Code of Conduct

\_\_\_\_\_ I commit to being a godly example to others within my home, youth group, and school/work place. This is shown through respecting those around me by my words, actions, and attitudes. *Exodus 20:12; 1 Corinthians 11:1; John 13:35*

\_\_\_\_\_ I commit to being faithful in my abiding relationship with God. *John 15:5*

\_\_\_\_\_ I commit to keeping up with all my YDP obligations (class, serving at youth group, and mentor meetings, etc.)

\_\_\_\_\_ I commit to communicate with my ministry lead and facilitator any and all reasons that I can't complete my previous commitment.

\_\_\_\_\_ I commit to living a life above reproach- I will not participate or engage in pre-marital sex, any acts of a sexual nature, or pornography. I will not be a part of parties that are illegal. I will not use drugs/alcohol. *Ephesians 5:1-12*

\_\_\_\_\_ I commit to being above reproach in my use of social media and allowing Real Life Ministries to follow my accounts and hold me accountable to this. *Ephesians 5:1-12; Proverbs 19:1*

\_\_\_\_\_ I commit to resolving any conflict that comes up in a Biblical, respectful, and timely manner. *Romans 12:18; Matthew 18:15-17*

\_\_\_\_\_ I commit to persevere even though the process may get hard or I may feel like the process is not doing for me what I wanted. *Galatians 6:9*

**I am acknowledging my dependence on God's grace to fulfill these expectations and I accept this entire Code of Conduct, any consequences that may result if I fail in one area or another and I agree that I must comply with this Code in order to remain eligible for the Youth Development Process. If I make myself unqualified, I understand I will not be reimbursed for my tuition costs.**

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

Signature: \_\_\_\_\_

# APPLICATION STEPS

## Application Process:

1. Read through the informational booklet.
2. Pray and seek the LORD as to whether this is the right next step for you.
3. Let us know you want to join by applying at [Reallifeministries.com/ydp](http://Reallifeministries.com/ydp)
4. Students will be contacted by the facilitator and given next steps
  - First day of class will be given to you by your facilitator
    - Class is held in Room 301
    - MS meets at 8:00 AM; HS meets at 9:45 AM (breakfast provided)

# CLASS FACILITATORS

## MIDDLE SCHOOL



**Matthew (Choo) Forsythe**  
7/8<sup>th</sup> Grade Ministry Lead  
mforsythe@reallifeministries.com  
208-582-2777

## HIGH SCHOOL

**Matt McLeod**  
HS Ministry Leader  
mmcleod@reallifeministries.com  
208-770-7800





**REAL LIFE**  
**YOUTH**

**APPLY NOW ONLINE**  
***[reallifeministries.com/ydp](http://reallifeministries.com/ydp)***

**MS: Matthew Forsythe [mforsythe@reallifeministries.com](mailto:mforsythe@reallifeministries.com), 208-582-2777**

**HS: Matt McLeod [mmcleod@reallifeministries.com](mailto:mmcleod@reallifeministries.com), 208-770-7800**